

Mint Chocolate Shake

6 ingredients · 5 minutes · 1 serving



Directions

1. Add all the ingredients except the chocolate chips to a blender and blend until smooth. Serve in a glass and top with the chocolate chips. Enjoy!

Notes

Leftovers

Best enjoyed fresh.

Serving Size

One serving is approximately 1 1/2 cups.

No Fresh Mint

Use peppermint extract.

Likes It Crunchy

Add the chocolate chips or cacao nibs to the blender for the last 10 seconds.

Ingredients

1 cup Unsweetened Almond Milk

1 Banana (frozen)

1 1/2 cups Baby Spinach

1/4 cup Vanilla Protein Powder

1/2 cup Mint Leaves

1 tbsp Dark Chocolate Chips

